

# Southampton Care Centre Newsletter

May 2024

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Our staff are the heart of our home, Thank a PSW today!

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## Administrator's Message

### *Hello Residents & Family Members,*

As requested through the 2023 Resident/Family Survey, the Life Enrichment Department has booked 2 outings per month for the residents until the end of November. As staff often need to stay behind to facilitate an activity for the other residents. We welcome family to assist with the outings as we continue with our volunteer recruitment.

Just a reminder that if a resident is in a basic accommodation and receiving a rate reduction, you must reapply every year. After you have completed your 2023 Taxes and have your Notice of Assessment please see bring in the assessment and give it to Mandy in the front office and complete a rate reduction application.

Mother's Day is coming soon. Please feel free to visit mom anytime but let us know if you're taking her out. Please be sure to note the Non Allowable items listed on page 14 as we celebrate our Moms!

***Sincerely, Brenda Ohm, Administrator***



## Upcoming Events

1st Wednesday 2 pm Line Dancers

7th Tuesday 2 pm Music Dave & The Retros

8th Wednesday 6:30 pm Melodies and Memories Choir

11th Saturday 2 pm Celebrate Mom's at a China Tea Social - Christir

15th Wednesday 2 pm May Birthday Party - music with Al Crawford

16th Thursday 2 pm Chantry Singers Choir

17th Friday 1 - 4 Bus Outing (Shopping for plants- \$10 for bus)

21st- 2pm Tuesday Music -Dave Hiscox

22nd 1:30 Planting in the Courtyard

23rd Thursday - 1:30 Walk for Memories - Ice cream Sundaes see Life Enrichment News for details

24th Friday 2 pm music Pat McNinch

29th 2pm Our own SCC Choir presents "Show tunes Recital"

31st Friday 1- 4 Bus Outing to Prance for Barn tour \$15

\*These are just the big events. For a full Activity Calendar see our website or get yours at the Activity Office



## Remembering Friends



***We remember with honour and affection those residents***

***whose life journey is now complete.***

*Bonnie Thorne, Brigitte Raab, Archie Lamont,  
Rosemary Karnot, Norah Sein, Mike Pickup &  
Donna Christmann*

***We will miss your presence.***

SCC Residents Council appreciates memorial donations to the Council. All donations are used for the benefit of the residents.

## What's New?

### What's new?

From the Desk of Brenda Misch, Life Enrichment Manager; On Thursday May 9th 1:30 Please join the residents for Coffee and guest speaker Charlotte Bumstead Co-ordinator RN/GNC(c)-CPMHN (c)/ Enhanced Psychogeriatric Resource Consultant/BSO Mobile Team/Mental Health. This event was a request of our very active Residents Council who actively support Dementia education within their home.

Thursday May 23rd - 1:30 join the residents who will host a WALK FOR MEMORIES inside SCC to support Alzheimer's Society of Grey Bruce. Please consider sponsoring a resident or picking up a pledge sheet at the Activity Office. Join us for an Ice Cream Sundae after our walk with donations to support Alzheimer's of Grey Bruce.

From the Desk of Deb Robinson, IPAC Lead. We remain free from outbreak at this time. We experienced a short respiratory outbreak in the month of April. It was 8 days in duration. There were 3 residents and 2 staff members affected. We will be doing a Covid vaccine clinic for residents in the next couple of weeks.

## May is Nursing Staff & PSW Recognition Month



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## Cultural Corner

Let us know how you say hello! Do you speak a language other than English? Let Andrea know how you say hello by emailing her at [aprentice@jarlette.com](mailto:aprentice@jarlette.com)  
le Hello: French = *Bonjour*



On May 21st, our Diversity & Wellness Committee is celebrating “World Day for Cultural Diversity for Dialogue and Development! Staff and Residents are going to explore how other cultures greet one another and say hello!

Waawaaskone Giizis or Flower Moon is the fifth moon of Creation. Life-giving energies focus on the continuum of Creation as the Creator had planned it to be. At this time, all plants present their spiritual identities and diversities in the form of multiple colours, shapes, textures and aromas that radiate a positive energy throughout Turtle Island. This positive force is the most powerful medicines in the healing process of Mother Earth.



## Resident Council News

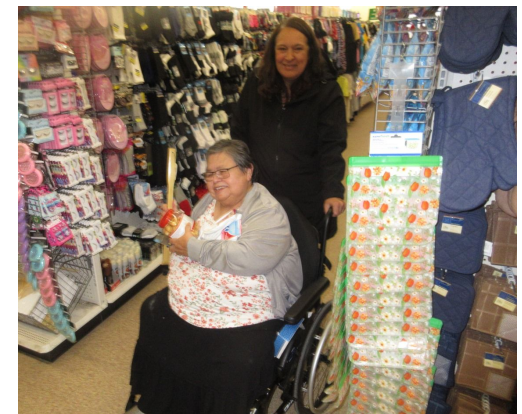
All residents are welcome to join our next:  
Residents Council Meeting is Tuesday May 14th at 10:45am  
Food Committee is Tuesday May 21st at 10:45am  
SCC Residents Council appreciates memorial donations to the Council.  
All donations are used for the benefit of the residents.

## Family Council News

Our next Family Council Meeting will be Thursday May 2 at 1:30, 2024  
Family and friends are welcome to join in person or by phone by calling:  
**1 647-733-4570 PIN: 864 214 408#**

## Good News Stories Fun Activities and Outings!

We were busy in April with the Solar Eclipse celebration, outings to shop and to see “Elvis” enjoy a cup of coffee. We had some student volunteer connections and volunteer appreciation lunch too!



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## Non Allowable Items

There are some items that are not permitted in the building. Staff have been directed to remove these **NON ALLOWABLE ITEMS** in the building and the Charge Nurse will inform family and or resident and fill out a Near Miss report. Non-Allowable items include (but may not be limited to); Highly scented products ie lilacs, cologne, cleaning products, ottoman & foot rests (allowed in rare circumstance), 3 legged tables, curling/straightening/clothing irons, Scissors or sewing equipment, powder (makes floors very slippery and fall risk issue), straight or Bic-type razors, swivel chairs, rocking chairs, heating devices (ie heating pads or blankets, space heater) & cooking equipment (ie kettle), floor rugs (tripping hazard), any weapons, pocket knives, paring knife, Halogen bulbs Bulbs (get very hot- fire risk) and candles with live flame, Medications in rooms, Plug in holiday decorations (need to be okayed by ESS first) and smoking paraphernalia & ignition sources. We thank you for your understanding and cooperation for the safety of all residents and staff.

## Director's Message

Dear Residents, Families, Staff and Friends,

The Ministry of Long-Term Care has announced new regulatory changes, effective May 1st and July 1st. These amendments are designed to increase staffing flexibility, clarify air conditioning requirements, and end certain pandemic-related provisions.

The key changes include:

- Changes to staffing qualifications and air conditioning regulations become effective on May 1.
- The current flexibility in 24/7 nursing requirements due to the pandemic emergencies will end on July 1.
- The flexibility allowing homes to hire PSWs or those providing personal support services with necessary skills, despite missing some qualifications, is extended until July 1, 2025.
- Broadening the definition of "emergency" as it relates to the visitor policy effective July 1, 2024. A key learning from the COVID-19 pandemic is the critical need to ensure continued access to visitors. Section 267 (4) is amended by adding the following definition of when a home may close to visitors: *imminent threat to the health or well-being of residents and others attending the home that requires immediate action to ensure the safety of persons in the home.*

If you have any questions about these regulatory changes, please feel free to reach out to your home's administrator to directly chat about what they mean, or any other matter!

(Continued...)

## Director's Message

May 12th holds great significance as it is Florence Nightingale's 204th birthday and International Nurses Day! This is a very special day as we celebrate the healing hands, caring hearts, comforting words, and brilliant minds of nurses as they support care in all countries in the world. I would like to personally say thank you to our staff for their committed service and making life better for residents.

In fact, our organization is very much nurse-led. Not only do nurses work in providing direct care to residents in our long-term care homes, but they also represent a major part of our organization's leadership. Even our president, David Jarlette, is a nurse! More than ever, we recognize the importance of nurses to every aspect of our health – physical, emotional, mental, social – and to greater societal good. Please take a moment to thank the very special nurses who work in your home!

Finally, there is a Ministry of Long-Term Care requirement to notify Home and Community Care of a bed vacancy following a discharge from the Home. While at times this can seem rather quick for families following the death of a loved one, this requirement is meant to ensure that another individual in urgent need of care receives it as soon as possible. We are happy to assist you with clearing out a resident room if needed. Please consider this in your planning and note that we have limited storage and are unable to store personal belongings longer than a few days if necessary.

Happy Spring to all and looking forward to warmer weather and an opportunity to get outside and enjoy our beautiful patios and gardens.

Kind regards,

Jill Knowlton, Director of Long-Term Care Operations

## Jarlette Health Services News

The month of May is recognized for many reasons, in addition to the ever warmer sunshine, budding trees and blooming spring flowers. It is National Caregivers Month and also a time to show special appreciation for the people who make a literally life changing difference in our lives: mothers! Happy Mother's Day on Sunday, May 12th!

It is also a month during which our family of long-term care and retirement communities celebrates some of our most *nurturing* professional team members, such as nurses, personal support workers and personal support assistants. Be sure to thank them for their passion and dedication to our residents when you see them in your home!

In many regards, our homes and lodges are nurse-led. Many of our administrators and general managers come from nursing backgrounds and nurses are found in our ranks from the frontline to the highest management levels, including our organization's president.

Thank you to each of them for making such a great difference in our lives. When you encounter them in your community, please take a moment to thank them personally!